

## ABSTRACT

Provided are a holographic recording medium, a method for adding address information to the holographic recording medium, 5 and a method for addressing that can identify two-dimensional information pages by a simple addressing operation. In the holographic recording medium 12, two-dimensional information pages 40A, ... each comprising multiple pixels are multiplexed and holographically recorded. A plurality of pixels in each of 10 the two-dimensional information pages 40A, ... form address pixels, and a set of the address pixels form an address information region 42A, .... The address information region 42A, ... is disposed at a different position in the two-dimensional information page 40A, ... on a two-dimensional information page 15 basis or on a page group basis comprising a plurality of two-dimensional information pages.